

Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success, as well as the areas the district wants to work on in the coming years. Share this form or include the results on the triennial assessment that is shared with the public.

District Name: Washington County

Date: January 29, 2024

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	No	Interwoven into the concepts, but not explicitly stated.
4	Policy contains specific language regarding increased student activity including physical activity breaks, active academics, and before and after school activities.	Yes	Need to include active academics (Brain Breaks)
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	Nutrition Education encompasses healthy eating
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
10	Policy contains specific language regarding fundraising guidelines.	Yes	
11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	Yes	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	

14	Policy contains specific language regarding staff qualifications and professional development.	Yes	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	Yes	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	No	Lack of students – (high school suggested). Board member invited.
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	The principals should have available.
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information included policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are posted publicly. If the assessment has not occurred, determines plans for the evaluation.	No	Only received 2 of 4 evaluations from school principals. These were combined and posted to the website.
24	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy.	Yes	The updated policy was brought to the board on Feb. 8 and awaiting final approval on March 7.